

2024, Issue 2





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Northern Ohio Dressage Association is a 501(c)(3) Non-Profit Education Organization

2023/2024 NODA BOARD

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> Karen Puchalsky TDFRep@nodarider.org

Board Meetings February Meeting will be Wednesday Feb 7 Instead of the Second Wed. of the Month Conference Call Notify your GMO Liaison if you want to attend Your ideas are welcome

#### **Editors Notes**

#### Hello Readers,

It's been another rough late winter/early spring for horse owners as they navigate the equine disease alerts. The NODA Board is doing the best we can in determining how to proceed and reschedule. Thanks to our Webmaster Patty Keim for keeping us all in the know and Dee Liebenthal for handling all the necessary refunds.

We have two great contributing authors this month; Emily Caswall Devey sharing her journey with Honey into the dressage world and a Spotlight on Karen Puchalsky, NODA's The Dressage Foundation Liaison and a Director at Large. It is always a joy to hear the goals and aspirations of our members. We have also included articles from the <u>American Association of Equine Practitioners</u> on EHV - 1 and Strangles.

Great News! USEF/USDF worked with us to reschedule our recognized show weekend, NODA Dressage 2024 and NODA Dressage 2024 Encore, to August 17 and 18, 2024 at Chagrin Valley Farms. Thank you Suzanne Grosnelle, Show Manager!

Thanks to Sally Burton and Chagrin Valley Farms for rescheduling the August Dressage Schooling Show to August 11 to accommodate the recognized shows! Sally, you rock!

We have scheduled a Virtual Ride - a - Test that opens April 15 and is open through May 15 with Danielle O'Donnell, L with Distinction. NODA's in person Ride -a -Test has been rescheduled at Chagrin Valley Farms on June 22. Thanks to our education chairs, Patti Valencic and Sally Burton who organized this!

We know our dedicated riders are disappointed at a slow start to the clinic and

competition season. Let us know how you like the virtual events and who know where this leads us in 2025!

NODA is working to reschedule the Working Equitation Clinic with Emily Gill and the Lendon Gray D4K and Adult Clinics. Stay tuned!

Please join NODA in sending sincere condolences on the loss of a dear member, Victoria Patterson Pirko. See Remembrance.

We are again navigating challenging waters, but together we can make it a positive experience.

See you out and about!!

Mosie Welch, Editor mosie-editor@nodarider.org



Cover: Sietske (right) and Alaska groom each other on a warm spring day at Spruce Narrows Farm. Photo courtesy of Mosie Welch

## NODA Chairpersons & Committees 2024

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## NODA News You Can Use



Northern Ohio Dressage Association

The Northern Ohio Dressage Association is a United States Dressage Federation (USDF) Group Member Organization. All members of NODA are USDF group members.

For USDF participating membership, apply directly to the USDF at www.usdf.org

#### May Event Cancellations & New Schedule

CANCELLED NODA Dressage 2024, May 11 NODA Dressage 2024 Encore, May 12

> **Recognized Shows** Rescheduled August 17 and 18, 2024



CANCELLED In Person Ride-a-Test , May 18

Offering April 15 - May15 Virtual Ride-a-Test find out more <u>HERE</u> and on page 18

In person Ride - a-Test Rescheduled to June 22 Find out more HERE and on page 18

CANCELLED NODA Schooling Show, May 19

#### Dear NODA Members,

While it is not an easy decision to make, it is with the safety of all horses in mind that NODA is canceling the May 11-12 USEF/USDF recognized shows as well as the May 18 Ride-a-Test and May 19 NODA schooling show.

While there has been a decrease in the frequency of reported EHV-1 cases in NE Ohio, there has been a recent case resulting in euthanasia in Geauga county. There have also been recent reported cases in western Pennsylvania and Indiana. Additionally, Strangles has hit multiple horse facilities in our area.

It is incumbent upon us to err on the side of caution in curtailing this spread.

We are exploring the possibility of rescheduling the NODA Recognized Shows for a date later this summer. Please stay tuned for updates.

We know that this will be very disappointing for many competitors and appreciate your understanding and support as we continue to monitor the situation and plan for the remainder of the 2024 season.

Best wishes for good health and we look forward to seeing you soon.

Danielle O'Donnell **NODA President** 

**Proposed Bylaws: Changes Regarding** Article III.7 Election of Officers and Article IX Amendment Procedure

The NODA Board has approved the following changes (italic, in red). These change will be published in the April and June Newsletters and voted on in July. The intent of the changes is to simplify election procedures if no positions are contested, and to update the procedure for amending the Bylaws.

#### **Article III: Officers**

Section 7. Election of Officers. The Nominating Committee (see Article IV, Section 1) shall present the slate of proposed officers to the general membership. Additional nominations shall be taken from the floor at the September Board of Directors meeting of the Association.

#### <*Insert new paragraph*>

At the completion of the nomination process, if any positions are contested, Bballots shall be distributed to all members of the current year either by mail, online voting or a combination. The Parliamentarian shall appoint two members in good standing who shall be inspectors of the election and count all eligible ballots. The result of the election shall be announced at the annual awards banquet and/or in the Newsletter and in all print and online communications normally distributed to the membership.

If no positions are contested, there shall be no election and the nominees shall take their positions. The new officers shall be announced at the annual awards banquet and in all print and online communications normally distributed to the membership.

Article IX: Amendments: In order to amend this Constitution, the proposed changes must first be published for two months in all print and online communications normally distributed to the membership. After the notification, <u>Ft</u>his Constitution may be amended by a majority vote of the members present at an open meeting called solely or partially for the purpose of amending this Constitution, or by either mail, online voting or a combination, after publication of the amended Constitution in the newsletter for two months.

#### **END OF CHANGES**

If you have a comment regarding these changes, please contact Membership Chair Fran Cverna at 440-834-1774 or Membership@nodarider.org.

These changes will be published a second time in Issue 3, 2024, NODA News. The board will vote on these changes at the July Board Meeting.



April 20th - 27th

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#### Honey and I Foray Into Dressage By Emily Caswall Devey

After a lifetime of riding hunters/ jumpers with my daughter, a new horse came into my life. She was originally purchased for my camp but in the end because of her sweet, fun personality and safe demeaner, she became a project for me. Siesta Bee Nifty, aka "Honey" is a 15'1 stocky paint mare with the old-fashioned quarter horse/stock horse look. She has short legs and a big backside. Her one beauty mark is a black, perfect 3-inch square located by her mane. Due to her classic look, we knew that she would never make it as a hunter, so we decided a new challenge was necessary.



Siesta Bee Nifty, aka "Honey"

not properly contained. She has been found in hay piles, outside eating grass, and wandering aisles looking for food. I would like to say she loves dressage best, but eating is her claim to fame! Her build is so big that we had to have a custom saddle made for her. Time has been on my side as I have had the opportunity to learn a variety of things. The Scribe clinic truly helped. I was able to hear and see that happens at the table as the rider and horse are showing. This past fall I attended a Working Equitation Show. There may be some people who may not be familiar

with this equine activity. It is combination of an equitation showing, dressage trail, a bit of jumping and speed. I have been fortunate to attend some clinics with Rose Watts, an internationally respected Working Equitation Rider.

As an almost 70-year-old rider, safety is a priority. So, after many months as a "true pasture ornament" we decided it was time to put her to work and Honey spent six weeks with Rich Bradshaw going through all the western safety drills. We figured we would give Western Dressage a try. Anne McClintock took on the challenge of turning me into a dressage rider.

Having an English riding background, swinging my foot into a Western stirrup has been a real adventure. As my lessons started, I had to learn to get out of a 2-point position and learn to sit on my pockets, and post higher. My first show was quite memorable for everyone around me! While I was waiting for my turn, I didn't really know what to expect and Honey jumped into the ring while someone else was riding their test. Frantic calls of "get out of the ring" rang around me as I jumped back out and soon it was my turn to trot down centerline. As I approached the judge I said, "I don't even know what I am doing in here!" much to the amusement of judge Barb Soukup and scribe Sally Burton.

We survived that first show and we went on to compete well in Western Intro level 1 and 2. We had a lot of fun at schooling shows and earned enough good scores to be ranked 14th in the World Dressage APHA. Quite an accomplishment for a new dressage horse and rider. Our goals are to work up to Western Basic tests and to feel comfortable cantering in the show ring.

Besides being good at basic dressage, Honey is an escape artist! She manages to get out of any stall in which she is

Volunteering has really opened my eyes to all the behind the scenes of NODA. Being a runner, working in the office matching ribbons to results and measuring ring size are an example of some of the jobs I have tried. Board meetings are jam packed with important information. Clinics, education sessions and volunteering are great fun and members should try to take advantage of all these NODA educational opportunities!

Throughout the 2023 season I learned a lot from being involved with NODA. I had and still do have numerous questions. Event managers and volunteers were quite kind and knowledgeable and I have learned so much just by being involved and asking questions. So, a BIG thank you to NODA and all the members for putting this outsider at ease, and feeling like I belonged right from the start. Thank you for reading - ride on.



Emily Caswall Devey boards and rides her mare (left) "Honey" a 15.1 paint, solid bay with one black spot at Heritage Hill Stables, Bainbridge Ohio. They ride with Ann McKenna regularly and continue to do some work with RoseWatts.



# **ASHLEY RAND-TORRES**

USDF BRONZE, SILVER & GOLD MEDALIST USDF CERTIFIED INSTRUCTOR

A.R.T. Dressage



## NOW ACCEPTING TRAINING HORSES AND LESSONS

Ashley is located at Endeavor Farm in Hudson Ohio. Ashley has recently come back to Northeast Ohio from South Florida. She is now accepting horses in training at her facility. Is available for haul in lessons at her farm and travels to surrounding areas. Please contact Ashley with any questions you may have.

(330) 715-2403
 22910 Old Mill Rd Hudson Oh
 aerand22@gmail.com

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## **Schooling Show 2024 NOTES**

The schooling show season is coming up quickly! We are looking forward to a wonderful season of learning, improving and fun. We need volunteers to help run our shows so check out the signup genius on the website for positions that need to be filled.

The <u>PRIZE LIST</u> has been on the website for a few months now. PLEASE be sure to read it thoroughly for details!

#### NEW Biosecurity Requirements Specific to Showing at Chagrin Valley Farms

NODA will follow CVF safety protocol at all events at CVF! You MUST present a Negative Coggins, Vaccine records for Equine-EHV/Equine Influenza no sooner than 7 days prior to and no later than 180 days prior to the show, Trainer/ owner Health declaration, and a temperature record form for two days prior to the show. If staying at CVF you must do twice daily temperature checks. If you are traveling from out of state, a Statement of Health form completed by a vet on their letterhead is required. Detailed information at <u>www.chagrinvalleyfarms.com</u>

All area show venues are adopting similar requirements, so make sure you know what you need to do before you take your horse to a show or clinic.

NODA's May 19 schooling show is cancelled. We are looking forward to June! Note that opening dates will be earlier this year to allow for easier scheduling and planning.

#### **NOTICE!!** The August Schooling Show is now August 11.

**NEW Class! Class #21, HC- Test Of Choice (TOC)** with coach: This option is for any rider who wants to ride with their coach talking to them through a private coaching device (CEECOACH) during the test. The horse/rider combination cannot compete in any other class at this show, but can ride two hors concours (HC) tests. The ride will be judged but neither placed nor scores posted so the rider receives a scored and tabulated test. HC tests do not count for end of year awards or championship qualification scores. All schooling show fees apply.

September is a one ring schooling show at Brecksville Stables. All stabling arrangements will be made through NODA on our website.

All NODA bucks for volunteering will be recorded online. Links are available on the schooling show webpage and elsewhere on the website for you to check. You may use the virtual NODA bucks for entry fees, NODA sponsored Education events, the banquet or membership. A reminder: to ride in the Championship show you must VOLUNTEER at a SCHOOLING show or have a proxy volunteer for you for one shift. Plan ahead! IF you have any questions about shows in general please contact Sally Burton at schoolingshow@nodarider. For entry questions please contact Hannah Mandel at SS-Secretary@nodarider.org.

We look forward to seeing you trot down centerline!

## NODA Education Events Refund Policy

In the unlikely event that you have to cancel out of an Education-related event contact the Education Chair at education@nodarider.org as soon as possible.

#### Please note the following refund policies

A full refund will be issued if participant cancels before the close date for any reason.

A full refund will be issued if participant cancels after the close date because of a horse injury, death or illness with vet statement provided.

A full refund will be issued if participant cancels after the close date because of personal injury or long term illness/COVID with a doctor statement provided.

A full refund will be issued if participant cancels after the close date if we have a wait list and can fill the



## Remembering Victoria Patterson Pirko

Remembering Longtime NODA Member Victoria Patterson Pirko of Southington Ohio May 24, 1954 – March 7, 2024

Victoria was a NODA member since the early 1980's and contributed much as a competitor, teacher, schooling show judge, show manager and volunteer.



Left: Victoria Pirko on Fantasia (Fancy). They braved the elements at the May 15, 2016 NODA Schooling Dressage Show at Sweetwater Equestrian Center.

Photo courtesy of VR Photography, first appeared on the cover of the 2016 Issue 6 NODA news.

Many students she taught through the years went on to successfully compete on the local as well as national levels in dressage and eventing.

In the 1970's and 1980's Victoria showed Country Roads through Third Level, and showed the stallion Sahara. In the 1990's she rode Traveling Incognito successfully to the FEI Levels. From 2015-2019 Victoria showed Fantasia (Fancy), 2nd level through Prix St. Georges.

Victoria judged NODA schooling shows from 1984 – 1991. She was Show Chair of the FOSP Dressage Show at the Polo Field in 1989. In recent years Victoria was an active NODA schooling show volunteer, storing the ring at her farm, setting it up and staying to take it down, at many schooling shows.

Highland Meadows was the name of Victoria's farm in Southington. In 2016 Sally Burton wrote an article for NODA News about the farm and said that a "feeling of peace and tranquility fills the land known as Highland Meadows. ... Wild turkey, deer, owls, hawks and many other wild critters share the property with the horses. Highland Meadows is a magnet for animals and humans alike, a peaceful place to pursue your passion."

A celebration of life will be held May 24, 2024 at South Farm from 4-7 p.m.

## **Membership** News

Fran Cverna, Membership Chair Membership@nodarider.org USDF/NODA 2024 Membership Year 12/01/2023- 11/30/2024

## NODA currently has 196 members!



Miranda Akins, Bianca Bergem, Jamie Chacalatana, Heather Clouse, Michelle Hrnchar, Heidi Kohl, Allison Morris, Emma Radel, Jacqueline Seagle, Carissa Skelly, Kaylee Skelly, Alison Stout, Ruth Wagner, Beth White, Carrie Woost



THANK YOU for Your Donations to NODA Along with Your Membership! Lori Mayher, Beverly Van Nieuwal



If you have friends or students who have not yet renewed, please ask them to do it NOW.

Mail membership form or renew online at <u>www.nodarider.org</u>.



#### **NODA Education BINGO**

Name \_

Play! Learn! Win!

Attend any NODA educational event	Do a USDF education program https://www.us df.org/educatio n/university/kb/	Ride in any clinic	Educational activity of your choice	Audit any clinic
Audit any clinic	Find something new on the NODA website	Volunteer to do a new job at a show	Read an educational article	Do a USDF education program https://www.usdf.or g/education/univer sity/kb/
Watch an online FEI level freestyle video	Take a lesson with someone new	Free√ Space	Read a dressage book (ex: Beth Baumert- When Two Spines Align)	Use a metronome app to find your horse's beats per minute for walk, trot and canter
Read an educational article	Watch an online dressage related educational video	Identify and read the USEF dressage rule for permitted snaffle bits.	Write an article for the NODA newsletter or another publication	Audit a lesson with a different rider at your barn
Read an article on the online NODA newsletter	Audit a friend's lesson with a different trainer	Look through the USDF website	Explain a dressage concept to your trainer	Pick any dressage test and read the directives

#### See Directions on Page 11!

#### Name:

#### Date

Event Name

One thing I learned



When you are done email your completed bingo card and chart to Sally schoolingshow@nodarider.org or mail to Sally Burton 8652 Beacon Hill Dr Chagrin Falls, OH 44023 to be entered into a prize drawing! The 2024 Schooling Show Series Prize List is live on the NODA Website!

> Access it here <u>Prize List</u>

**Entries thru Horse show Office** 

Looking for a Form for a NODA Program? go to <u>NODA Forms and Key</u> <u>Links</u>

> <u>Virtual</u> <u>Ride-A-Test</u> <u>Clinic</u>

**April 15 - May 15** 



Judge Danielle Menteer

Open Date: April 15 Close Date: May 15

A month long opportunity to improve your dressage test scores!

Video and send your test of choice. Scores sheets and suggestions will be emailed back to you once completed so you can view them alongside your video.

Details and Registration at: <u>www.nodarider.org/</u> <u>event-5666350</u>



## NODA Education Bingo-Join us in a fun BINGO challenge!

The purpose of this challenge is to learn about and take advantage of all of the Education Opportunities that are available from NODA, USDF and our local professionals!

And to have a lot of FUN!

All activities must be EDUCATIONAL.

#### Here's How to Play!

Print a copy or save an electronic copy of this bingo card and chart.

Every time you complete a square, check it off on your bingo card and then fill in the separate chart with additional information.

Free space is FREE- everyone gets this one!

Any Five squares in a row- any direction constitutes a BINGO!

You may play multiple times on one card or use a new copy for each game.

You will be entered into a drawing <u>once for each bingo</u>.

This bingo game will run from now until the banquet.

We will pull names for winners three times: May 1, August 1 and at the banquet.

There will be a special prize for everyone who turns in a 100% completed "coverall" bingo card (the entire card is filled!)

When you are done email your completed bingo card and chart to Sally <u>schoolingshow@nodarider.org</u> or mail to Sally Burton 8652 Beacon Hill Dr Chagrin Falls, OH 44023 to be entered into a prize drawing!



Register for NODA Dressage Adventures and More 2024

## Two Articles From the American Association of Equine Practitioners

Both articles are reprinted from the <u>American Association of Equine Practitioners.</u> website

## **EHV-1 Outbreaks**

#### By Thomas R. Lenz, DVM, MS, DACT

Most horse owners know that equine herpesvirus type 1 (Rhino) causes upper respiratory infection in young horses and abortion in pregnant mares, but many probably don't realize that it can also cause a severe neurological disease that affects the horse's brain and spinal cord and may result in paralysis and death.

EHV-1 routinely causes upper respiratory infection in young horses (weaning, yearlings, and 2-year-olds) resulting in depression, a snotty nose, loss of appetite and a persistent cough. If a number of young horses are housed or pastured together, most will become sick and then recover uneventfully. Pregnant mares that become infected often abort their foals late in gestation, deliver stillborn foals or weak foals that die within days of birth. In rare instances, adult horses experience the respiratory form of EHV-1 and then develop the neurological form of the disease called equine herpes myeloencephalopathy (EHM).

#### Diagnosis

Neurological symptoms include incoordination that can progress to the inability to stand, lower leg swelling, the inability to urinate or pass manure, urine dribbling and reduced tail tone. Some of these symptoms also occur in other neurological diseases such as rabies, EPM and West



Nile Virus infections, so it is important that the animals be examined by a veterinarian as soon as possible.

#### Treatment

Because EHV-1 is a virus, it does not respond to antibiotics. Therefore, supportive treatment is the only option and is tailored to the individual patient and guided by the severity and range of clinical signs. It usually includes antiinflammatory drugs, fluids to maintain hydration, and slinging of horses that are unable to stand. In most cases, horses that remain standing have a good prognosis, although recovery may take weeks or months. Horses that go down and are unable to stand have a poor prognosis.

#### Disease transmission

EHV-1 is spread primarily through coughing or sneezing, but can also be carried in fetal tissues, the placenta and uterine fluids from mares that have aborted. Studies have shown that the virus doesn't live long in the environment, but transmission via coughing or sneezing can occur over a distance of up to 35 feet. Direct contact with infected horses as well as contaminated feed, equipment, clothing, and tack can also spread the disease. The good news is that the virus is easily killed by disinfectants.

When treating an area where the disease has occurred, remove all organic material such as manure and dirt. Then disinfect all surfaces and equipment with a solution of 1part bleach (sodium hypochlorite) and 10 parts water. Make sure you wear rubber gloves when handling the disinfectant. Don't forget to wash and disinfect any trailer that has been used to transport sick animals. Minimizing risk of disease spread

Without a doubt, the biggest problem with EHV-1 is that once horses have been infected, they can become latent carriers of the virus for the rest of their life. Although latently infected horses are no longer sick or shedding the virus, they carry the virus and can spontaneously begin shedding it during periods of stress. The intermittent shed-

# North Crest Equestrian CenterImage: Strain Strain StructorImage: Str

ding by carrier horses is thought to be the source of sporadic outbreaks of the disease, including closed herds where no new horses have been introduced. Elimination of EHV-1 from a herd is virtually impossible because of the presence of latently infected animals. However, a good strategy to reduce the incidence of EHV-1 is the combination of a good vaccination program in conjunction with the implementation of an effective preventive herdmanagement program.

Vaccination schedules vary based on the region of the country, the age of the animals, and the type of work they do for a living, so visit with your local equine veterinarian to get their recommendations for your specific horses. In addition to an aggressive vaccination program, new arrivals, sick horses, and horses returning from shows or other horses facilitates should be isolated for at least seven days. If horses at the show were sick or there was a confirmed EHV-1 outbreak, isolate the horses for 21 days. Disinfect all areas of the barn in which a suspect or sick horse has been housed or worked.

If an outbreak of the disease occurs in your area, encourage barn personnel and riders to wear leather or rubber boots that can be disinfected in a disinfectant tub at the entrance of the barn. Segregate horses into the smallest possible groups. Large groups of horses sharing a common airspace can all be infected by one horse shedding the virus. And finally, if you suspect that your horses have been exposed to EHV-1 or equine influenza virus, take rectal temperatures daily (normal adult body temperature is 100.5°F). If any horse's temperature is elevated, consult your veterinarian immediately. The neurological form of the disease usually appears 7-14 days after the horse starts running a fever. If you have questions about EHM, talk to your local veterinarian.

Reviewed and updated in 2020.

## **Strangles: A Contagious Equine Disease**

By Written by Josie Traub-Dargatz, DVM, MS, DACVIM

#### What is "strangles?"

Strangles is a highly contagious disease of equids including horses, donkeys and ponies. It is caused by the bacteria Streptococcus equi, often abbreviated Strep. equi or S. equi. It is called "strangles" because of the strangled breathing sounds the ill horse makes as a result of profuse nasal discharge and the swellings that form in the head and neck region.

#### How serious is it?

Most animals fully recover from strangles in two to four weeks. Although enduring immunity against re-infection is variable, in some equids it can last for years. However, not all horses develop a protective immunity upon recovery. Some horses, although they appear healthy, shed the bacteria in nasal secretions for a prolonged period and can infect nearby horses. Horses can die from strangles due to asphyxiation or "strangling," as well as from other complications.

#### How common is strangles?

Strangles is highly contagious. It can spread rapidly from animal to animal and is one of the more common bacterial infections of horses.

#### How does it spread?

The disease is spread via nasal secretions (snorting, coughing, physical nose-to-nose contact) and pus from draining abscesses. It is possible for humans to spread the disease through contaminated clothing, hands or equipment, etc. The bacteria can contaminated water or feed sources and be transmitted orally as well as via the respiratory tract.

What should I do if I have a strangles outbreak in my horses?

Contact your veterinarian, stop horse movement until the outbreak is resolved, and work with your veterinarian to determine the need for follow-up visits to check for bacterial shedding.

#### What should I watch for?

Typical clinical signs begin with mild lethargy, reduced feed intake, slight cough, nasal discharge and a fever. For adults a rectal temperature over 100.5 degrees Fahrenheit or for foals over 101.5 degrees Fahrenheit would be considered a higher than normal temperature or a fever. In most cases, a few days after the onset of fever and more mild signs, the lymph nodes swell and form abscesses around the throat, as well as in some cases under or around the base of the ear.

At first, the nasal discharge is clear then becomes cloudy and whitish. After the abscesses have ruptured and drained into the nasal passages the discharge usually becomes purulent (thick white to yellow).

Horses are often seen positioning their heads low and in an extended position in order to relieve the throat and lymph node pain.

Some of the abscesses may rupture through the skin. Be aware that the pus from the nose and draining abscesses

is highly contagious to other horses.

It is important to keep in mind that not all cases develop the "classic" abscess formation. Some horses may just develop a fever and be off feed for a few days.

Without complications recovery begins, in most cases, after abscesses drain or infection begins to be resolved by the body.

If I suspect my horse has strangles, what should I do? The first thing to do is to isolate any horse with signs of strangles from other horses. Supportive care of the animal includes:

 $\cdot \;$  Keeping the horse dry and protected from extreme cold or heat

- Providing soft, palatable feed
- Monitoring the horse's body temperature

• Contacting your veterinarian to describe the signs being shown by the horse, and get their advice on further management of the horse's illness including diagnostic testing and treatment options

 Apply hot compresses to abscesses to promote rupture and drainage

Finally, if complications arise such as purpura (a severe vasculitis resulting in swelling in legs and ventral abdomen as well has hives), internal abscesses or muscle problems, the best course of action is to contact your veterinarian for assistance.

Is there a vaccine against strangles?

Yes, there are several different vaccines and they can be used to help protect horses from strangles. However, they do not fully protect every horse from infection. Discuss vaccination options with your veterinarian to determine if the benefits of vaccination outweigh the risks and cost.

How can I minimize the risk of strangles at my facility?

• Have a biosecurity policy for people and horses coming onto your operation, and avoid contact with horses of unknown health status or those that are ill.

• Don't overstock your equine facility.

• If new horses are introduced, request a statement by a veterinarian regarding their health

status including any recent exposure Continued on page 19

#### **Education Corner, April 2024**



We have had an interesting start to our year!

We introduced a new activity- EDUCATIONAL BINGO! A bingo card, rules and a chart to record activities is available on the website (and in this newsletter, page10). Print it out and fill out the chart as you earn bingo spots. You will mail a hard copy or email a picture of the card/chart to <u>schoolingshow@nodarider.org</u>. Earn prizes, have fun and learn!

The "Q and A with a Vet" zoom meeting with Lauren Wade, DVM on Sunday, February 25 was a great success. Many questions were asked, and Lauren answered them all with knowledge learned from years in the field and a touch of her humor. It was an entertaining and educational evening.

**The Working Equitation Clinic has been postponed to a later date.** This clinic was almost full and participants were excited about the opportunity. We will keep everyone posted!

The May Ride-a-Test has also been cancelled as was the Lendon Gray Adult Clinic and D4K Clinic - we are hoping to reschedule.

#### **EHV Education**

A new drop-down option under the Education tab on the website is full of information about EHV. We will update as needed with current information. <u>https://www.nodarider.org/EHVInfo</u>

2024 Dressage Adventures and More, June 13-17, is now open and is filling quickly. Imagine four days of education, opportunities and fun with horse people just like you! For \$400 you get stabling, a lecture every day, two dressage lessons, one working equitation lesson, fun and games, trail rides and a ride a test. All of this located nearby at Brecksville Stables. Sleep at home and hang out at the barn all day! Sign up soon.

BIG DEE'S

## Spotlight on Karen Puchalsky NODA's The Dressage Foundation Liaison and a Director at Large

TDFRep@nodarider.org

#### What do your positions entail:

The TDF liaison position is responsible to inform the NODA board and NODA members of all the grants and events TDF sponsors that may be available to them. TDF sends out updates and posts news and events on their website. As a liaison, I update the board and send updates to the NODA newsletter to keep the members informed.

The Director at Large attends the NODA board meeting and helps when and where needed. This year and last, I was the volunteer coordinator for NODA's Recognized Shows. The Director at Large has been asked to volunteer at NODA events based on their availability.

# How long have you been in this position and what kind of things have you handled?

I have been The Dressage Foundation Liaison for 3 years. I have written several articles in the NODA newsletter about the grants available to NODA members.

As a Director at Large I have volunteered at NODA schooling shows and recognized shows. I have also worked with other board members to discuss new opportunities for members and changes to policies and procedures.

#### Tell us a little about your riding history:

I started out my riding journey by walking into a barn to take riding lessons. The owner told me that they taught Dressage. Not knowing what Dressage was, I said I was game and took my first lesson one week later. I was hooked! Two months later I bought my first horse, Major. He was a Percheron/Thoroughbred cross. Neither he nor I knew how to do Dressage, but we learned together. Due to some setbacks, I missed several years of showing but still was able to show Major through training level. I was blessed to find Siren, a school master Percheron/



Thoroughbred cross. She taught me so much and I showed her up to first level before her suspensory ligaments grew weak and I had to retire her. I now own Reno, an Oldenberg that the prior owner showed as a side-saddle jumper. Reno is learning dressage and is starting to learn how to do second level movements. Reno and I are working toward being able to show in the future, but for right now we are enjoying each other and going to local clinics. Hopefully in the future we will be going down centerline!!

Tell us a little about your current horse, where you board and train, who you train with, and what your goals are: Reno is an Oldenberg that in his prior life was shown as a sidesaddle jumper. I board him at Sonnyblest farms in Saxonburg,

PA and train with Pia Helsted I also have a friend that is a high-level rider that helps to continue his training in Dressage. She works with Pia to help advance him while I take lessons with Pia to advance me!! My goals were at first to show Reno, but right now I am happy just enjoying riding him and learning how to be a better rider. I have realized since working with Pia, that I was never really prepared to show because I lacked the confidence I needed. My goals now are to gain confidence as a rider, to attend clinics, have fun with my horse, and if/when Reno and I are ready, maybe someday show.

#### Why is volunteering for NODA important to you?

When I was showing Major and Siren, I attended several of NODA's schooling and recognized shows. I always thought the shows were so well run and everyone was friendly and helpful. This was so important as a new competitor. I also attended several events NODA held, especially the Up the Levels seminar which Margaret Freeman presented. Volunteering is important to me because without volunteers, shows, events or clinics, NODA could never be offered any of them. I feel as a member of NODA, volunteering is my way of giving back to the organization. Once you volunteer at any event, you realize all the time, effort, and work that must be done to put any event on. Volunteering helps the club plus you get to meet new people and develop friendships that you may never have made. Plus, what better group of people that you can become friends with that love to talk about horses!!

For those who may be interested in volunteering with NODA in a more concrete way, what is your advice? Volunteering is so important to allow NODA to hold many events. I realize a lot of people don't volunteer because they may not know what a volunteer position entails or don't think they have time. At any event, even if you can only volunteer for an hour or two, that helps more than you know. As the volunteer coordinator at the recognized show last year, nothing made me happier than when someone came to the office and asked if they could help. Sometimes they could only help for a couple of hours, but I was able to use them to relieve another volunteer that needed a break. So, don't ever be afraid to come to ask if you could help. We need you more than you can imagine!

#### Anything else you'd like to share with members?

As of last count, NODA has 200+ members. Just imagine if everyone volunteered for 4 hours. That would be well over 700 hours of volunteer time. WOW! If you haven't volunteered in the past, please think about it this year. **We really need you all.** 

Karen's article "Putting Your Best Hoof Forward at the Schooling Show" won Honorable Mention in the 2023 GMO Newsletter Awards and was featured in the USDF's Your Dressage online magazine in March, 2024.

> Read Karen's article <u>HERE.</u> Congratulations, Karen and Thank You for writing for *NODA NEWS*!







## SPONSORSHIP/DONATION FORM For Those That Want To Help: SO MANY DIFFERENT WAYS!

\$500.00

\$250.00

\$125.0

20.00





#### FARM SPONSOR:

- Full page Ad (Any Content) in Race Program
- Sponsor of One Race / Promoted Throughout Night ~
- Name All Horses in Your Race: Horse Wins? Receive \$25
- 2 Tickets to the Event!

## EVENT SPONSOR:



- Full page Ad (Any Content) in Race Program
- Sponsor of One Race / Promoted Throughout Night
- Name All Horses in Your Race: Horse Wins? Receive \$25

## RESCUE HORSE SPONSOR:

- 1/2 Page Ad (Any Content) in Race Program
- Sponsor of One Race / Promoted Throughout Night
- Name One Horse in 5 Races: Horse Wins? Receive \$25

## RACE HORSE SPONSOR:

- 1/4 Page Ad (Any Content) in Race Program
- Sponsor of One Race / Promoted During Race
- Name One Horse in 1 Race: Horse Wins? Receive \$25

## NAME YOUR HORSE SPONSOR:



- Named Owner of Horse in Race Program
- Name One Horse in 1 Race: Horse Wins? Receive \$25

## Please Support Miracle Farm Rescue's Non-Profit Noble Cause

We would greatly appreciate your support by

- contributing to our <u>Night At The Races</u> fundraiser! We have made giving convenient for you through various channels. You can make a donation or sponsor our event by:
- \* PayPal QR Code Below OR

\*Use website QR Code and see options OR \* Alternatively, you can write a check and mail it to us or arrange to meet us for a cash donation.

For those using a QR Code, simply text or email us the necessary information for the order form and you're all set.

glittlemountain@roadrunner.com (440) 336-2762

Your generosity propels us forward in our mission to provide a safe haven for horses in need.

## ADVERTISE IN THE RACE PROGRAM

FULL PAGE	\$ 75.00
1/2 PAGE	\$ 50.00
1/4 PAGE	\$ 25.00
BUSINESS CARD	\$ 15.00

## Order Form - Please Sign Me Up For...

<u>ITEM</u>	<u>QUANTITY</u>	<u>total</u>	
EVENT TICKETS		\$ 75.00	Name:
NAME A HORSE		\$ 20.00	Address:
RACE HORSE SPONSOR		\$125.00	
RESCUE HORSE SPONSOR		\$250.00	Address:
EVENT SPONSOR		\$350.00	Phone:
FARM SPONSOR		\$ 500.00 +	**Tickets will be mailed to address listed above.**
FULL PAGE AD		\$ 75.00	- PLEASE SEE PAYMENT OPTIONS AND NAME YOUR HORSE
1/2 PAGE AD		\$ 50.00	– ON BACK OF THIS FORM!
1/4 PAGE AD		\$ 25.00	
BUSINESS CARD AD		\$ 15.00	
			— TOTAL



#### Upcoming Virtual and In-Person Events!

April 15 - May 15 NODA Virtual Ride - Saturday, May 18, 2024 a - Test with Danielle O'Donnell, L with Distinction Opens, April 15. For details on how to submit your video and requirements click here. Details To register, click HERE

Or go to www.nodarider.org and click on EVENTS

**OPEN NOW, CADS Virtual Schooling** Show, closed to entries on April 12. CADS WILL BE ACCEPTING VIDEO EN-TRIES - Email entries to cadsrider@gmail.com by midnight on April 17th. Judge: Amy Rothe-Hietter "r" DETAILS HERE or at www.cadsdressage.org

CADS Dressage Schooling Show, Brecksville Stables. Details HERE or www.cadsdressage.org

Sunday, May 19, CADS Obstacle Course Challenge, Brecksville Stables. This is CADS fun cross between Working Equitation obstacles and 4-H trail obstacles. Judge: Emily Gill - Working Equitation MASTER. www.cadsdressage.org

06/13/2024 through 6/16/2024 **NODA Dressage Adventures and** More, Brecksville Stables, OPEN NOW or got to NODA's Website and click on events. www.nodarider.org.

Virtual

6/22 Aberdeen Farm Western Dressage Recognized Show. This show is sanctioned and scores are eligible for WDAA & WDAMi DETAILS

06/22/2024 NODA In person Ride - a -Test Clinic, Chagrin Valley Farms, DETAILS

Sunday 6/23 NODA Dressage Schooling Show, Judges Ryan Bell (R) and Clara Etzel (L\*), Chagrin Valley Farms. **DETAILS** at www.nodarider.org

See you out and about!!







## Judge: Danielle O'Donnell



\$20 per test members \$25 per test nonmembers

This is your chance to ride any test you want in your home arena and get a score sheet and comments! More details at nodarider.org/events

to contagious diseases. If there is any history of strangle disease or exposure to other horses with strangles consult your veterinarian regarding options for testing to determine if the horse is shedding Strep. equi. Keep newly arrived horses isolated for a few weeks to observe them for signs of illness.

Personnel attending to horses must take great care not to move from isolated horses to the other horses on the establishment, without taking appropriate precautions.

Don't share tack, feed tubs, water containers, trailers, pens or stalls used by horses of unknown health status.

The organism is not thought to have extended persistence in the environment, however the exact duration of persistence is not known. Surfaces that are nonporous can be cleaned with soap and water, rinsed and then disinfected. Consult with your veterinarian regarding how best to disinfect surfaces in an equine facility. Special attention should be paid to the water containers that may have been contaminated with pus from ill horses.

Horses with a history of strangles can be tested to determine if they are shedding Strep. equi. Ask your veterinarian about the need for such testing of new arrivals.

Reviewed and updated by original author in 2016.

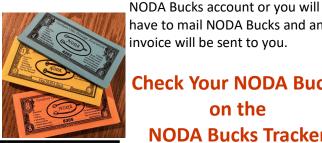
## NODA BUCKS Have Gone Virtual!

NODA Members, there's great news! You no longer have to HUNT for those paper NODA Bucks when you want to redeem them because in 2024 NODA Bucks have gone VIRTUAL and are tracked in our system for you! Program Managers will input NODA Bucks into the NODA Bucks Tracker as you earn them!

If you have paper NODA Bucks, you are still welcome to redeem them in the future. BUT if you would like your paper NODA Bucks logged into our virtual tracking sheet so that you never have to worry about misplacing them, please contact Webmaster Patty Keim at webmaster@nodarider.org.

Also when you register for an event and want to use NODA Bucks you will see an option for "I want to redeem NODA Bucks." Select this option if you want to use 1, 4, or more NODA Bucks. When you select this option it will tell you to "ONLY use this registration option if you are redeeming paper or virtual NODA bucks. An "online reduced invoice will be manually sent to you by NODA within a few days of your completed registration." The number of NODA Bucks will be removed from your virtual

## Find NODA's Calendar of Events at www.nodarider.org

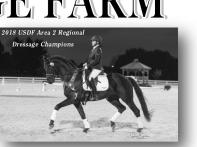


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have to mail NODA Bucks and an invoice will be sent to you.

Check Your NODA Bucks on the **NODA Bucks Tracker** HERE

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Blue Ridge Farm, is a premier equestrian facility owned and operated by accomplished equestrians, Jeffrey Taylor and his wife, Holly Jeffrey, a successful Advanced Event rider and Holly a Bronze and Silver Medalist have trained and developed many horses and riders up the levels in Dressage and Eventing. Together, they focus on training quality horses and developing successful and competent riders.

> For more information please contact: Holly Taylor @ email: brfhollyt@gmail.com or phone: 440.610.1606 Or visit our website at www.blueridgefarmeventing.com



## **USDF** Virtual Education Series

New for 2021, the USDF Virtual Education Series hosts education sessions with industry professionals over a variety of dressage and equine education topics. Members are eligible to sign up through the online submission form to receive the webinar link and access to the session. Each session is free to USDF members and is USDF University accredited. Members will receive 0.25 education credits upon verification of attendance. The webinar will start automatically through the provided link at the designated date and time. All times are listed in Eastern Time. Questions? Email education@usdf.org.

Each session will last 60 minutes and includes a live Q&A with presenters. Suggestions for future education sessions or topics may be emailed to <u>education@usdf.org</u>.

You do not need to purchase a Zoom licensed account to access the session. Interested members will need a device with audio and visual capabilities. Can't attend a session? Sessions will be available for streaming in the <u>USDF Educa-</u><u>tion Library</u> within 30 days following the scheduled session.

#### Fitness Routines for Spring

Presented by: Jec Ballou May 7, 2024 at 8:00 PM ET Register <u>HERE</u>

#### Bit Fitting and the Equine Athlete

Presented by: Kim Gentry on February 13, 2024 at 8:00 PM ET Watch on Demand

USDF Virtual Education Series <u>HERE</u> or at <u>https://usdf.org/education/university/virtual-education-series.asp?</u>





Pan Am Games Gold Medalist Kate Poulin now permanently located at Fairmount Farms, a custom built, world class facility located in Hiram, Ohio

> www.KatePoulin.com 1 386 624 3968 @FairmountFarmsDressage

Northern Ohio Dressage A 2024 Membership F NODA membership 12/1/2023 through 11/3	Association	NODA is a United States Dressage Federation Group Member Organization (GMO) A portion of your NODA membership dues goes towards your group membership in USDF. A USDF Group Membership (GM) makes you eligible for USDF Rider Awards. Group Members may participate in recognized shows without the payment of USDF non-member fees, are eligible to earn university credits, receive member discount rates for USDF events, and receive the <i>USDF Connection</i> magazine. (Supporting Family members do not receive a subscription to the <i>USDF Connection</i> – one magazine per "family.") See www.nodarider.org or www.usdf.org for eligibility to qualify for USDF regional and national championships. Note that Participating Membership in USDF is needed to compete in USDF Regional Championships.						
Important INFORMATION:								
→ NODA By-Laws, club inform <u>www.nodarider.org</u> .	ation, newsletters,	details ab	out shows, av	vards and events, and	online registrati	on are all available at		
$\rightarrow$ Online sign up fees are \$2.0	0 more because o	f processir	ng fees		Sign l	Jp Online!		
Mail this form alor	→ Two ways to join: Mail this form along with a check or cash, Sign up ONLINE from the MEMBERSHIP page at www.nodarider.org							
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## Renew Your NODA Membership for 2024 TODAY!

## Classifieds

#### **Classified Ads Info**

#### **NODA Member BENEFIT**

One free ad at a time for 2 issues60 words or lessFREE60- 80 words\$10.00Photo\$10.00/Two Issues

#### Non-member Ads/2 issues

60 words or less \$10.00 60—80 words Add \$5.00 PHOTO w/ad \$20.00

> Submit Ad & Payment by 15<sup>th</sup> of the Month

#### SUBMIT Classifieds ONLINE CLASSIFIED ADS

Classifieds Editor Katelyn Gerber 740-398-9224 Advertisers@nodarider.org

#### Horse for Sale/Lease

Schooling PSG Horse for On-site Lease - Granger, OH. Fernhill Fugitive, 16.2h, 18 year old, Irish Sport Horse Gelding. Ex-5\* eventer, now retired into pure dressage. Extremely well schooled and knowledgeable. Requires advanced enough rider to correctly navigate all the buttons. Located next to Hinckley Metroparks trails. New 100'x200' indoor arena with dust-free footing michaelwillhameventing@gmail.com

#### Tack/Equip for Sale

2000 "EXISS EXTREME" 2 horse bumper pull trailer.

Straight load, anti slip ramp.

7'6 high. All aluminium, fully insulated, Dressing/ Tack room. Carpeted, insulated. Saddle racks. Horsecompartment full divider, removable for box stall. Many more extras. New tires and rims. Excellent condition. Always stored inside. \$12,500.

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## CALL ME TO DISCUSS YOUR HORSE PROPERTY NEEDS!

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horseontheverge.etsy.com, and Facebook as well. Frequent posts are made with new designs weekly!



Who Gets Their Photos and Write-up in NODA News?

The Members Who Send Photos and Information! <u>mosie-</u> editor@nodarider.org

Find NODA's Calendar of Events at <u>www.nodarider.org</u> Send submissions to <u>mosie-editor@nodarider.org</u>

## What Does a USDF Grpoup Membership Entitle Me To?

What does a Group Membership (GM) entitle me to? A USDF GM makes you eligible for USDF Rider Awards. In addition, Group Members receive the award winning USDF Connection magazine, eligibility to earn university credits, and eligibility to receive member discount rates for USDF events. Group Members also have the inside track on local dressage happenings and GMO-sponsored USDF educational clinics and programs. (Supporting Family members do not receive a subscription to the USDF Connection – one magazine per "family")

Is a GM sufficient to qualify for Great American Insurance Group/USDF Regional Dressage Championships? No. In order to be eligible to qualify for Great American Insurance Group/USDF Regional Dressage Championships, both the owner and rider of the horse must be Participating Members and the horse must have a USDF Lifetime Horse Registration (LHR) at the time the scores are earned. (Horses may be owned by a current USDF Business Member)

Is a GM enough to make me eligible for Adequan<sup>®</sup>/USDF Year-End Awards? No. USDF strongly encourages dressage riders to become members of their local GMOs. However, a USDF Participating Membership (PM) is required to be eligible for all Adequan<sup>®</sup>/USDF Year-End Awards, including horse of the year, adult amateur, allbreeds, etc. (Horse must have a USDF LHR, be owned by a USDF Participating Member or Business Member, and be ridden by a USDF Participating Member at the time scores are earned)

Is a GM enough to make me eligible for Adequan<sup>®</sup>/USDF Dressage Sport Horse Breeding (DSHB) year-end awards? No. To be eligible for DSHB awards, the owner must be a USDF Participating Member or USDF Business Member.

**Does a GM make me eligible to compete in Great American Insurance Group/USDF Breeder's Championship (USDFBC) Qualifiers and Finals classes?** Qualifiers: Yes. In Great American Insurance Group/USDFBC Qualifier classes, any type of USDF membership or USDF Non- Membership is acceptable for the owner. There are no membership requirements for the trainer/handler/assistant.

Finals: No. As an owner of a horse competing in Great American Insurance Group/USDFBC Finals classes, you must retain a USDF Participating or Full Business Membership.

What is the membership year for Group Members? The USDF GM year is December 1 through November 30. GM is for a full 12-month period, regardless of when the membership is submitted on a roster to USDF.

Do Group Members receive a USDF card? Yes, if you do not have a current PM, you will receive a USDF Group Member card. However, if you have a current PM and GM, you will not receive a card as you will receive a PM card, which is the higher level of membership (your USDF number will be the same for your PM and GM—USDF numbers do not change).

Can Group Members receive any type of refund if they are members of more than one GMO? Yes. There is a form on the USDF Web site to request the refund of multiple GMO dues. On the form you must declare one GMO as your primary GMO and list the ones for which you want refunded. All Multiple GMO Dues Refund Requests must be submitted to USDF between April 1 and August 1 of the current GMO year, as this will affect membership counts for delegate voting. (This refund is not applicable for Supporting Family Members)

Why am I not listed as a Current GM with USDF when I have paid dues to my GMO? Will this affect my eligibility for USDF Rider Awards? Due to the high volume of GMO rosters that come into the USDF office at the start of a new membership year, there is some lag time in the processing of the rosters. Once your GM has been updated in our office, a copy of your current Group Member card will be available on the USDF Web site the following day. This lag time will not affect eligibility for USDF Rider Awards as GM is retroactive to the first day of the current GM year.

#### Questions? Contact the GMO coordinator at (859) 971-2277 or via email at gmo@usdf.org.

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